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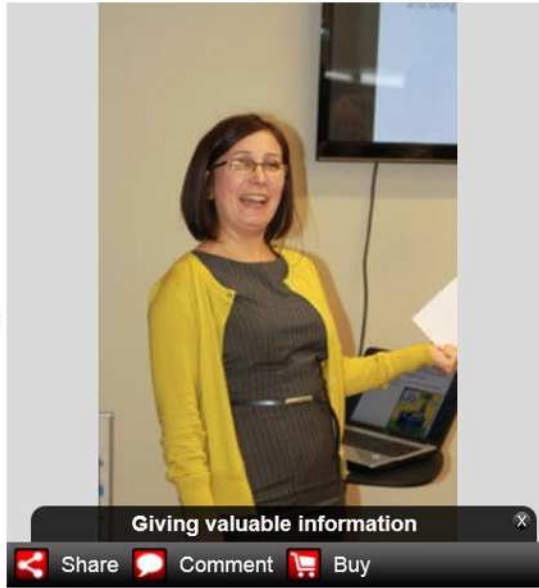
### Less Pain, More Gain!

On Saturday March 10th 2012, Physiotherapy at Don Mills held a seminar discussing the issues of pain. This one hour seminar, conducted by physiotherapist Gita Mikal, addressed the ways in which to cope with, understand, and ultimately manage Chronic Pain and Fibromyalgia.

Physiotherapy at Don Mills is located at 6 Maginn Mews suite 211, in the Shops at Don Mills. For more information or to book an appointment please call them at 416 - 444 - 4800

Photos by Peter Loung

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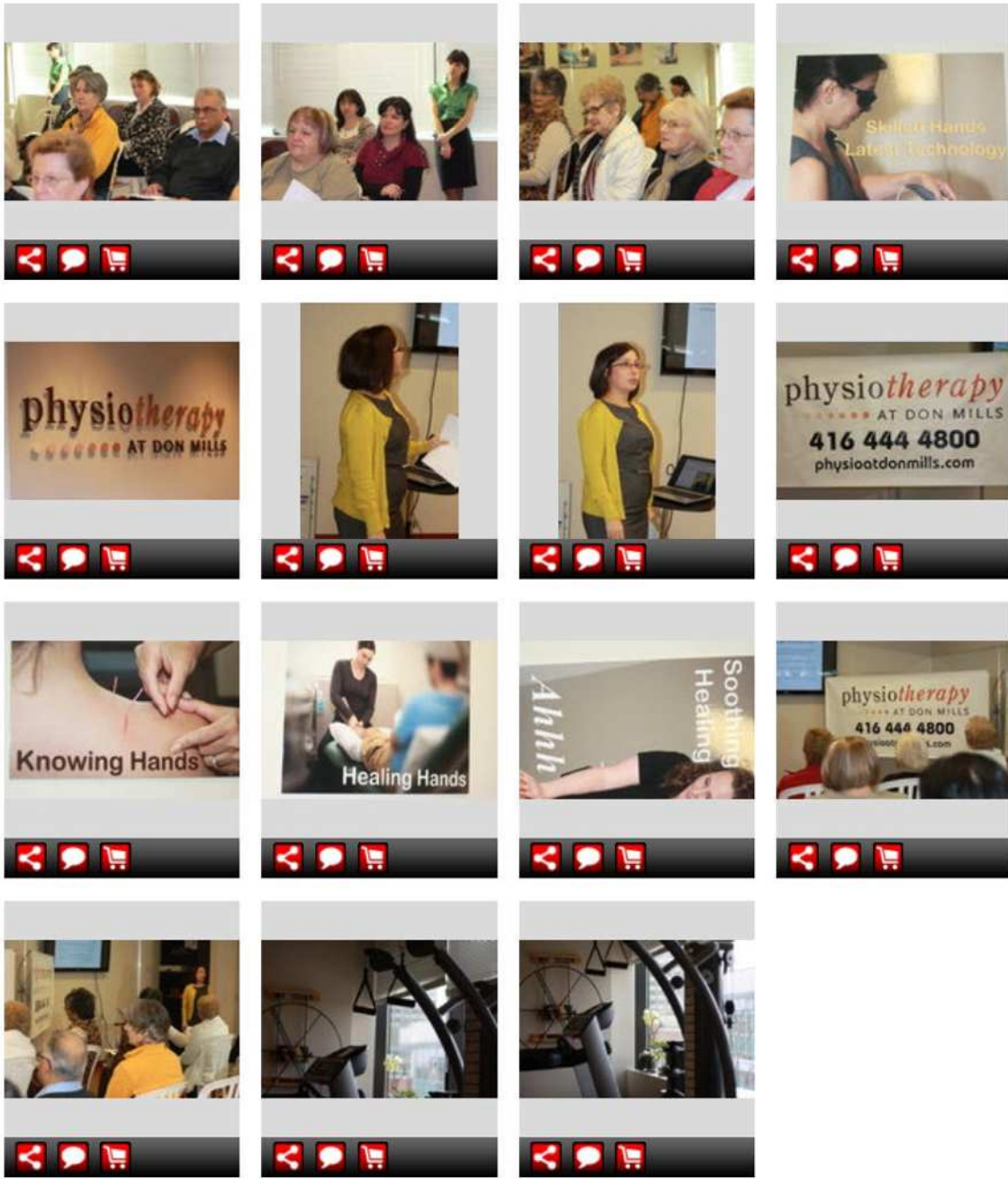


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### Attention Canada Shocking Joint Pain Discovery

Are you suffering from joint pain? Do your knees, hips, elbows, and hands cry out in discomfort? How often do your joints slow you down or stop you dead in your tracks? There are a lot of cheap joint products on the market, but very few premium joint brands. One in particular has taken the country by storm...

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